## **Interpersonal Emotion Inventory**

For each item below, please complete the following statement: "When I interact with or think about myself in relation to others, I feel ..."

	0 – Never feel that way	1 – Seldom feel that way	2 – Sometimes feel that way	3 – Often feel that way	4 – Almost always feel that way
admirable					
unintimidated					
like I just don't care about others					
alienated					
like I am a disappointment					
self-conscious					
concerned about others' well-being					
loving kindness					
confident in my strengths					
fully in command					
hostile					
under attack					
unsure of myself					
that others know better					
admiration for others					
close to them					
sure of myself					
invincible					
disapproving of others					
distant from them					
self-doubt					
anxious to please others					
like I really care about others					
loved					
self-confident					
superior					
rejecting of others					
rejected					
insecure					
like I want to console and comfort others					
gracious toward others					

welcomed and cared about			
attractive			
unsympathetic to suckers			
like I want to abandon others			
unwanted			
worried that I will be annoying to others			
empathic			
grateful for others' love and support			
Important to others			
confident that I am impressive			
unconcerned about others' feelings			
like I want no part of any group			
ashamed of myself			
worried I will disappoint others			
like I want to help others			
emotionally connected and attuned to others			
valued			
like a winner			
impatient with others' shortcomings			
resentment			
worthless			
like I need to appease others			
accepting of others			
trusting in others' kindness			
worthy			
unapologetic about winning			
unforgiving			
doubtful that I can rely on others			
like a loser			
careful not to disappoint others			
compassionate and caring toward others			
supported by them			
proud of myself			